



School-aged kids and teens need good friends to support them and encourage them while having fun.

This program is geared towards helping kids tackle self-help stigmas, shame of depression or thoughts of suicide, and social anxiety. Working together with school counselors and psychologists, they will be connected with a Peer as an extra touch point support since a close peer can often be easier to approach to talk or seek advice. Our Peers collaborate to address the daily problems of school-aged children, assisting them in developing new coping mechanisms, pre-job preparation, and life skills.

The School Peer Program can help all children:

- Build and enhance social leadership skills
- Strengthen resiliency and address healthy coping for stress management
- Increase academic achievement and decrease dropout rates
- Improve and positively reinforce help-seeking behavior and aid in preventing suicide

For more information on this program or to apply, please contact Alica Krah, Director of Services at atakrah@azhhs.org or contact us at 480.474.4226